

## **Health Promotion Toolbox**

http://www-nehc.med.navy.mil/hp/HP\_Toolbox.htm

## September – Dental HealthKnow Your Numbers!

In the US, 30,000 people are diagnosed with mouth and throat cancer each year, and 8,000 die of these cancers.

- Mouth and throat cancers are the sixth most common cancers in U.S. males and the fourth most common in African American men.
- Half of those diagnosed with oral cancer will survive 5 years.
- Oral cancers are the 10th most common cancers found among U.S. men and the14th most common among U.S. women.
- Oral cancer is the 7th leading cause of cancer death in African American men.
- More African Americans die from oral cancer than whites.
- More Americans die from oral cancers than from cervical cancer or melanoma (skin cancer).

By age 17, 78% of young people have had a cavity, and 7 percent have lost at least one permanent tooth.

Among adults aged 35 to 44 years, 69% have lost at least one permanent tooth.

Among adults aged 65 to 74, 26% have lost all their natural teeth.

Untreated tooth decay remains a problem. About **one-third** of persons across all age groups have untreated decay.

Among adults aged 35 to 44, 48% have gingivitis, and 22% have destructive gumdisease. Tobacco use increases the risk of gum disease.

Source: National Center for Health Statistics (2004). **Health, United States: 2004, table 79**. Hyattsville MD.